



BREAKFAST

M-F 7:00 am - 10:30 am
Saturday 8 am - 12 pm

A La Carte

- little city salad - 3.25
- hard boiled egg - 1.50
- sausage - 2.50
- soysage - 2.50
- smoked bacon - 2.50
- country ham - 2.75
- 5-grain tempeh - 2.00
- sharp cheddar,
pepper jack, or swiss - 1.00
- creamy Red Mule grits - 2.25
- LCD home fries - 2.00
- two eggs (sunny side, over
or scrambled)* - 3.00
- fresh fruit - 3.00
- toast (buttermilk bread or
rustic wheat) - 1.50
- vanilla yogurt - 2.00
- add granola - 1.00
- bowl of granola w/ milk - 3.25
- add strawberries - 1.25
- buttermilk biscuit - 2.00
- sawmill gravy - 2.00

Drinks 1.50

- sweet or unsweet tea
- soft drinks
- glass of juice or milk
- hot tea

Coffee 1.87

- Hot or Iced Coffee

PLATES

Two Egg Plate*

sunny side up, over or scrambled, served w/ toast
(or biscuit - add .50) & choice of grits or home fries
6.25

Vegetable Sauté

local seasonal vegetables sauteed over spinach & home fries
served w/ nutritional yeast
6.75 (add one egg- 1.00 or 5-grain tempeh- 2.00)

Bird's Nest*

single egg fried in single slice of toast w/ sharp cheddar cheese
3.50

Poached Eggs, Country Ham & Corn Bread*

two poached eggs over country ham & pan-fried cornbread,
finished w/ sawmill gravy
8.00

Biscuits & Gravy

house-made buttermilk biscuit & sawmill gravy
4.00

OMELETS

*plates served w/ toast (or biscuit - add .50) & choice of grits or
home fries (egg whites- add .50)*

The Cheese Omelet

choice of one cheese: sharp cheddar, feta, pepper jack or Swiss
4.25 a la carte / 6.75 plate

The Garden Omelet (no modifications)

spinach, mushrooms, broccoli, tomato & feta cheese
6.25 a la carte / 8.75 plate

The Smoke House Omelet (no modifications)

applewood smoked bacon, smoked ham, bell peppers & sharp
cheddar cheese
6.75 a la carte / 9.25 plate

BISCUITS 2.00

add sunny side, over or scrambled egg* - 1.00
add sharp cheddar, Swiss, or pepper jack - .50
add sausage, bacon, country ham, soysage or tempeh - 1.25

HOTCAKES Weekdays Only

served w/ butter & syrup

Blueberry

5.00

Chocolate Chip

5.50

Applewood Smoked Bacon

6.50

Plain

4.50

Kids Plain

2.75 (add blueberries or chocolate chips to kids- .50)

*THESE ITEMS MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY,
SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR CHANCES OF FOOD BORNE ILLNESS